Heat Illness Prevention Plan – Form 1: Department Heat Illness Prevention Plan

The following is an example of a department work plan preventing heat illnesses:

PCC Location (Campus / Center): _____

Division / Department: _____

Required Plan Elements: 80-90°F

-Shade -Water -Training

Required Plan Elements: 90°F+

-Communication

-Observation & Monitoring

-Employee Designation -Rest Break Schedule

<u>Shade</u> – Describe how employees will be provided with sufficient space to rest in a shaded are or cool climate-controlled area and where affected employees may cool off and recover when signs of heat-related illness are recognized:

Location: _____ Natural ____ Artificial _____ Distance from Work Site:

<u>Water</u> – Describe how sufficient amounts of cool, potable water in work areas will be provided and how employees will be provided with frequent opportunities and encouragement to stay hydrated:

Initial Allotment: Quantity:	Container Type:
Replenishment: Quantity:	_ Frequency:
By Whom:	
How will temperature be maintained:	
Employees will drink from:	

<u>**Communication**</u> – Describe the means of communicating with each employee that is working in an elevated temperature environment:

Type: Voice	Radio	Cell Phone	Other
Frequency of Contact:			

<u>**Observation and Monitoring**</u> – Describe what has been implemented to promptly identify an employees suspected of experiencing heat-related illness:

Names of Employee Working Alone	Rad	<u>dio</u> <u>C</u>	<u>ell Phone</u>	<u>Other</u>
Emp 1:		_		
Emp 2:				
Names of Employee Using Buddy System	Ň			
Emp 1:	and Emp 2	2:		
Emp 3:	and Emp 4	l:		
Designated Employee – All PCC employee or 911 in the event of an emergency. Show use the space below to do so: Location 1				
Emp 1:	Public Saf	fety	911	
Alternate:	Public Saf	fety	911	
Location 2				
Emp 1:	Public Saf	fety	911	
Alternate:	Public Saf	fety	911	

<u>**Rest Break Schedule**</u> – Use this space to identify your department's rest break schedule and provide the necessary details in accordance with your selection on a separate page:

Circle one:

- a. Manager-designated heat illness prevention rest break schedule
- b. Simplified heat illness prevention rest break schedule
- c. NIOSH work rest schedule

Reference Appendix G: Department Work/Rest Schedule

<u>Emergency Medical Plan Procedures</u> – Public Safety maintains the District Emergency Medical Plan which includes the elements shown below. Use the spaces below to add more detail or for unique circumstances:

-Actions When Signs of Heat Illness Are Observed:

-Actions When Indicators of Severe Heat Illness Observed:

-How Will Employee Be Monitored/Evaluated: ______

How Will Emergency Medical Services be Contacted: _____

How Will Clear and Concise Directions be Provided to the Location:

<u>Acclimatization Plan</u> - Note your option for an acclimatization plan and attach a copy of your department's written acclimatization plan:

Check one:

_____ Employer-designated acclimatization plan

_____ NIOSH acclimatization plan

<u>**Training</u>** - Department managers must develop and deliver annual department level training for their affected employees prior to having them work in the heat. Department level training records should remain in the department.</u>