

Program Review – Annual Program/Discipline Update
Administrative Response and Follow Up
Winter 2021-2022

Program/Discipline: Exercise Science

SAC Chair(s): Alma Eaton

SAC Administrative Liaison (Director or Program Dean): Janeen Hull for vacant program dean

Other Dean(s) or Director(s): Janeen Hull, pathway dean

Department Chair(s): Alma Eaton & Jane Loverin

Date: 3/14/2022

Administrative Response

I would like to acknowledge and sincerely thank the Exercise Science SAC for the hard work to keep the program moving forward and the dedication to student success. The interim Co-FDCs have had to take on new, or expanded, roles and have seamlessly adapted to these changes.

Exercise Science is successful and still continues to improve and I would like to commend the SAC for maintaining high quality instruction and student support, during another, very challenging year.

This administrative response is intended to both recognize the efforts, and provide some suggestions for the future by:

- Highlighting the strengths and successes of Exercise Science as evidenced by the data, your analysis and your reflection
- Recognizing areas of challenge or concern
- Addressing your reflection on goals and resources
- Providing recommendations for next steps

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Strengths and successes of the program as evidenced by the data, analysis and reflection:

High Success Rates: The success rates for the majority of EXS courses, even with the move to Remote, are excellent This is a strong testament to the commitment to student support and equitable student success by all EXS faculty. Success Rates in FT 101 does need to be monitored.

Adaptability: The Program's ability to quickly transition to remote in short order is commended. The amount of work to rethink how the EXS curriculum can be delivered without sacrificing quality during the past two years is very impressive.

Student Success Strategies: The EXS Program has invested time and effort into creating a consistent student-centered experience across program courses. The SACs ability to dig into the work to create more equitable grading and assessment practices sets the standard. Additionally, the EXS Program supports student completion. Proactively implementing student success strategies through embedding advising, regular faculty/SAC meetings, discussions of student progress and updates or needs for interventions, all show the wrap-around services necessary and the commitment of the EXS faculty and staff.

Continuous Program Improvement: The EXS SAC uses data and feedback from students, advisory committee members and the learning assessments for continuous curricular improvements.

Advisory Committee Engagement: It's great to see how engaged the advisory committee is in supporting the EXS program. Looking ahead, continuing to organize Advisory Committee meetings with an emphasis on getting input on curricular updates, equipment needs, facility design, technology, student supports and program structure will continue to position the program well for the future.

Areas of challenge or concern, if any:

Challenge: The Sylvania HT Building Remodel

Response: Agreed. This is an additional challenge that directly impacts the EXS program and needs to be carefully followed and addressed as planning continues. With the news of decommissioning the pools and personnel changes with Planning & Capitol Construction, it will be essential that EXS stakeholders are engaged and participate in each phase of the process. The locker room design is going back out for an RFP for a new design firm and this will likely include the pool area as well. It's been made clear that EXS faculty (as well as PE faculty & staff) are critical stakeholders to this conversation and need to be involved from the beginning. There are other spaces designated for EXS/PE across the hall (North) from the locker rooms and are considered as part of the next phase of design (part of the overall WestSide HT design

project) and there is still quite a bit of discussion and planning that needs to be worked out and we want and need EXS to be at the forefront of the logistics, planning and design work with the new design firm.

Challenge: Support to fully explore enrollment and student success rates

Response: We can work with Effectiveness & Planning to include PE 281, PE 282A-B, PE 283, PE 287 and PE 288 in the EXS data, since these courses are EXS courses with a PE prefix. As EXS is a limited entry/competitive entry program, some demographic data could be obtained from application and admission tracking. This might be a way to better distinguish the success rates by age range or even that of student parents, students working full-time and students pursuing the AAS vs. one of the EXS Certificates.

Reflection on goals and resources:

Goals and Resources will be addressed more fully in the coming academic year and during part B of this new ADU process.

With the ever changing and growing field of Exercise Science, there are also potential opportunities for exploring credit and non-credit integration and possibly CEUs. The continued work on a proposed wellness degree is encouraged and collaboration with other HEP programs will help situate PCC to be ready to meet both student needs and healthcare industry demands.

In addition to a wellness degree, forming more dual credit partnerships is supported and FT 100 might be a good option to consider. Hillsboro SD and discussions around the future of the Hillsboro Center might present a good opportunity for partnership as well.

The pathway dean, incoming program dean, FDC and SAC will look into this more closely in the next academic year to determine industry and student need for in the next biennium.

Recommended next steps:

X Proceed as planned on program review schedule

___ Follow up conversation needed with SAC, Dept Chair(s) and Dean

Additional comments/questions:

It is evident that the EXS program has spent significant time and effort in creating a student-center curriculum and program structure. In addition, the program changes brought about by COVID-19 restrictions have been managed incredibly well by the program faculty.

Though this additional work was without a doubt both challenging and taxing, the program was really able to pivot effectively as borne out by completion rates that are on par to those of pre-pandemic times.

Please know that all the efforts and commitment to students, the discipline, industry partners and to each other, is truly appreciated and valued.