

## **Supply list for Art From Within:**

*Note: Nothing fancy is needed. Please come prepared with supplies to each class. When possible I will let you know ahead of time what will be needed. Questions? Email me.*

- Paints and brushes: whatever you are comfortable using: Water-based only. Can also use watercolor pencils, water soluble crayons, pastels, tempera sticks
- Paper for painting: whatever is appropriate for your medium. I recommend at least 140 lb for watercolors. I will be asking you to prepare 20 pieces for home assignments, approx. 10"x 10". The most cost effective way to do this is to buy whole watercolor paper sheets and cut them up.
- Notebook for writing notes (can be combined with the art journal)
- Art journal suitable for mixed media
- Pens, pencils, etc, for writing, drawing, and mark-making.
- Collage supplies: magazines to cut up, photographs, various papers, scraps, etc.
- Glue stick or acrylic medium for collage
- Scissors
- Water container, plastic (yogurt container, etc)
- Roll of shop towels/paper towels